

Trekking in Alai region

Trekking

Duration: 11 days

Season: June – July

Itinerary

- Day 1** Arrival in Osh with Aeroflot directly. OR Arrival by Turkish Airlines in Bishkek, meeting at the airport with the guide and continue by domestic flight to Osh. Transfer to Hotel in Osh. Rest and Breakfast. Visiting the Holly Suleiman Mount, which is in the center of the city. By the legend King Salomon (for Muslims- King Suleiman) crossed the of the Fergana valley and had the rest on the top of Suleiman Mount. After his visit local people began to build the house around and established the city Osh. Dinner at the restaurant. Overnight stay at the hotel.
(Altitude during the day: beginning of the day -700m, end of the day – 800m)
- Day 2** Breakfast. Transfer to Tulpar Kul yurt camp. On the way stop in Gulcho Yurt camp for lunch. Optionally possible to see the shirdak and Chii show and Folklore show. Continue to Tulpar Kol camp at 3600m above sea level. Dinner and overnight in the camp.
(Altitude during the day: beginning of the day -800m, heist point -3615 at Taldyk Pass, end of the day – 3600m)
- Day 3** A whole day in the base camp. Horse riding towards the Lenin Peak area. Hiking Start from 3600 m, highest point 3800 m. Packed lunch. Return back. Dinner and overnight in Yurt camp.
(Altitude during the day: beginning of the day -3600m, heist point -3800, end of the day – 3600m)
- Day 4** Take a drive for 1:30 hours Doorot Korgon village to the starting point of the trek at Jash Tilek village at altitude 2510m. Start the trek by following the stream. Some parts of trekking is challenging as the trail is narrow, difficult to see, and the terrain is composed mainly of scree and small pebbles. As you ascend, the landscape opens; peaks, glaciers and alpine lakes will begin to appear. Overnight at the footstep of the pass Kochkorchu at 3610m above sea level. Overnight in tent camp.
(Altitude during the day: beginning of the day -3600m, start of the trek – 2510m, end of the day – 3610m)
- Day 5** Breakfast. Follow this narrow path up until you reach Kochkorchu Pass (4015 m). Then descent from the pass is steep moving slowly down until you reach the campsite, the foot step of the pass Teniz Bay. Set your tents for overnight at (3610 m)
(Altitude during the day: beginning of the day -3610m, highest point- 4015m at the pass, end of the day – 3590m)
- Day 6** Breakfast. Trekking down along the Tengiz bay valley around 30 km till the old road. Overnight in tents (at 2100 m)
(Altitude during the day: beginning of the day -3590m, end of the day – 2100m)
- Day 7-8** Breakfast. Trekking down for about 35 km in to the Natural Resere Surma Tash. Eventually, the trail runs into a small stream, we wil see a small gorge where we will have overnight in the tents (at 1518 m)
(Altitude during the day: beginning of the day -2100m, end of the day – 1518m)
- Day 9** After breakfast a walk of 30 minutes to the end of the trek. Meet the driver and transfer to Osh. Lunch on the way as picnic. Dinner. Overnight stay in the hotel
(Altitude during the day: beginning of the day -1518m, end of the day – 800m)
- Day 10** Breakfast. Transfer to airport for morning flight to Bishkek. Flight time is 1 hour. Arrival in Bishkek. City tour around Bishkek with visiting Central Square, Manas monument and the park. Farewell dinner at the restaurant. Overnight stay at the hotel.
(Altitude during the day: beginning of the day -800m, end of the day – 700m)
- Day 11** Transfer to the airport early in the morning. Fly home.

Accommodation list:

Osh	SunRise hotel
Tulpar Kol	Yurt camp
Trekking part	Double tent
Bishkek	Bridges Hotel or Asia Mountains Hotel

Services included:

1. Meal is indicated in each day
2. Transport for the program
3. Accommodation according the program
4. English speaking Guide
5. Local Guide
6. Horses for the luggage
7. Personal for trek (cook and stableman)
8. Trekking equipment Tickets for the domestic flight from Osh to Bishkek

Services not included:

1. Single room accommodation
2. Single tents
3. International flight tickets
4. Alcohols
5. Horses for riding during the trek

IMPORTANT NOTE!

All distances, altitudes and time for walking in the trekking part are written approximately Or collected from map sources. All trekking detail will be checked in summer 2019 and after will be created final program with all details.

Map of the trekking part:

