

## Poetry of the Nomads' Way of Life

### Cultural Tour

**Duration:** 8 Days

**Season:** July - August



*The Kyrgyz, who have preserved their ancient traditions right up till the present, live in unity with nature. Every summer the Kyrgyz people drive their cattle to the natural pastures, called "jailoo", situated up in the mountains.*

*Not only will you see, but you will also experience this poetry by having lived for several days on the mountain pastures – jailoo. Have you ever baked bread in the open air on a temporary stove made of two frying pans or one copper? Here, you may try to do so.*

### Itinerary

**Day 1** Arrival in Bishkek. Accommodation in a hotel. City tour.

**Day 2** Trip to Kochkorka Village (270 km), visit a felt carpet workshop where it is possible to produce your own felt carpet and buy carpets or souvenirs. It is also possible to go horse riding around Kochkorka, which is a nice mountain valley at 2000 m. Overnight in family run accommodation

**Days 3-6** Transfer to a jailoo on the Song-Kul Lake (120 km). Stay on the jayloo. During your whole stay here, you will observe the lifestyle of the Kyrgyz nomads. You will more than once taste the national Kyrgyz dishes: besh-barmak ("five fingers"), shorpo, kuurdak, chobogo, traditional nomad bread – boorsok and mare's milk. You will also participate in baking the bread, watch mares being milked and the slaughter of a sheep and try to prepare kumyz. If you want to, you may take whole day treks on horseback or on foot to pretty and exotic places in the higher mountains in Kyrgyzstan. Overnight in yurtas.

**Day 7** Depart for Bishkek. Accommodation in the hotel.

**Day 8** Fly home.

Level of difficulty: This tour is suitable for both children and adults.

Conditions: If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

Tour combination: This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad.

## Map of tour



### Cultural tours in Kyrgyzstan

#### How to contact us:

Novinomad, Bishkek, KG, Phone: +996 312 622381, Fax: +996 312 622380, [novinomad@elcat.kg](mailto:novinomad@elcat.kg), [www.novinomad.com](http://www.novinomad.com)