

Heart of Red Rocks

Horse Riding Tour Duration: 14 days

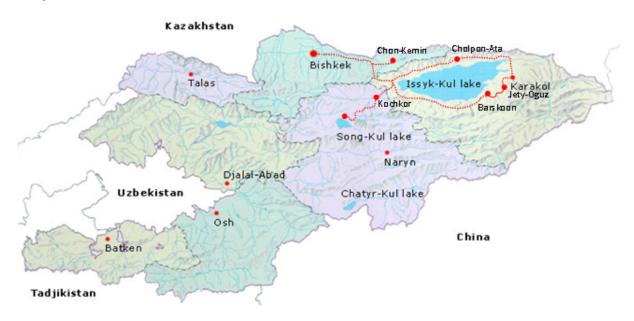
Season: July – Middle of September

Itinerary

- Day 1 Arrival in Bishkek (the old name is Frunze), the capital of Kyrgyzstan. Transfer to the hotel Asia Mountains or similar. Breakfast and rest at the hotel. City tour in the afternoon. During the city tour you will visit Oak park where is the open air museum of Sculptures, historical museum (Lenin museum), theatres, Osh bazaar. You will visit Frunze museum. Dinner. Overnight stay in the hotel.
- Day 2 Departure to Chon-Kemin gorge (140 km). Visiting Burana tower (11th century) on the way. There you will see the ruines of the Karakhanide city Balasagun. You will see the minarets (11th century) from the top of the tower (25 m high) you can see a beautiful view of this region. Visiting the ruins of an ancient city of sogdians Nevaket on the way. Walking on foot Chon-Kemin gorge for aclimatization. Accommodation in the mountain guesthouse "Ashuu".
- **Day 3** Breakfast. Transfer to Karakol town along the Northern shore of Issyk-Kul lake (300 km). Excursion to the open air museum of Petroglyphs on the way. Picnic for lunch on the shore of Issyk-Kul lake. visit an old Russian Orthodox church and mosque in Dungan style. Dinner in Dungan or Uigur family. Accommodation in the hotel "Amir" hotel or guesthouse "Green Yard".
- **Day 4** Breakfast. Drive to Jety-Oguz by car 40 km. Meet with the team for horse riding. Packing equipment. Horse riding from Jety-Oguz to Kok-Jaiyk Valley (about 4 hours). Along the way there is a cave where a lone monk used to live. Shepherds tell a lot of legends about the beautiful rock formations known as the "Seven Bulls" and "Broken Heart". Overnight in tents.
- **Day 5** Horse riding down the At-Jailoo Valley to a beautiful mountain lake that will leave a permanents image on your memory. Distance: 25-30 km. Overnight in tents.
- **Day 6** On horseback for 5-6 hours; a distance of 26-30 km to Suttuu-Bulak jailoo, and Jyluu-Suu. This is a hot spring flowing with medicinal water. You can stop to swim in it and recover all your strength and health. On to Chon-Kyzyl-Suu. The Suttuu-Bulak is well known for its beautiful forests and natural pastures called jailoo.
- Day 7 On horseback for 5-6 hours, distance 25-35 km along the Chon-Kyzyl-Suu Valley where you have to cross the river 2 -3 times. You will gaze in awe at the steep, magnificent mountains. Here you will meet shepherds and acquaint yourself with the natural way of life of the shepherd-nomads. Spend the night in tents .
- **Day 8** Horseback riding along the Kichi-Kyzyl-Suu Valley, named after the river. You will then cross the Kashka-Tor Pass (3937 m). Distance: 25-30 km. Spend the night in tents.
- **Day 9** Horse riding along Juukuchak valley. Your last day to have lunch with the shepherds near the hot spring. You will mount your horse feeling like a real nomad. Then you will go by car to Barskoon. Distance: 40 km. Time: 30 min. Soak in a hot water bath, enjoy supper and night in a private home in Barskoon.
- **Day 10** Breakfast. Transfer to Kochkor (170 km). The road goes along the Southern shore of Issyk-Kul. You will stop on the lake for swimming and lunch (about 2 hours). A visit to handicraft workshop, you can not only buy, but also take part in producing felt carpets. You will test a traditional Kyrgyz food "Besh-Parmak" during the dinner. Family run accommodation.
- **Day 11** AM. Breakfast. Transfer to Song-Kul Lake from Chon-Kemin (150 km). On the way you will have a stop for picnic. The lake is located on the altitude 3016 m above sea level. Free time in the afternoon. You can visit local shepherds. Dinner. Overnight stay in the yurt camp.
- **Day 12** The whole day at the lake, you can have a walk or ride horses being surrounded by beautiful nature, you can see real shepherds, try a national Kyrgyz drink Kymyz (made of mare's milk). Overnight stay in the yurt camp.
- **Day 13** Breakfast. Transfer to Bishkek (400 km) Lunch on the way. Farewell dinner. Overnight stay in the hotel Asia Mountains or similar.
- Day 14 Transfer to the airport early in the morning. Fly back home.



Map of tour



<u>Level of difficulty:</u> This type of horseback riding is of average difficulty and recommended for people with the horse riding experience.

<u>Conditions</u>: You need to bring sleeping bag, rain gears, trekking waterproof boots. If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments