

## 400,000 Turns of the Wheel on Kyrgyz Roads

### Mountain bike tour

**Duration:** 15 Days

**Season:** Middle of June – August



*Each of us dream of exploring new routes and countries, but alas, but in our times almost everything has been found and explored. We would like to draw your attention to one of the last wildernesses. Your route will take you to the centre of the majestic Tien-Shan Mountain Range, where you will share the mountain roads with the occasional shepherd the only permanent inhabitants of this remote wild area. The deserted mountain roads with hills, climbs and passes will give you a spirit of adventure inherent in a REAL BICYCLE TOUR.*

### Itinerary

- Day 1** Arrive in Bishkek, go on a city tour and stay overnight in a hotel.
- Day 2** Transfer to the Chon-Kemin Valley by car (distance 190 km), then start cycling along the Chon-Kemin Riverbank (distance around 15 km) and camp overnight in tents (1905 m above sea level).
- Day 3** Cycle along the Chon Kemin Riverbank to the foot of Kok-Airyk Pass, a trip of about 35 km that has no steep climbs. It is an unmade road in good condition. Camp overnight in tents (2800 m above sea level).
- Day 4** Cycle over the Kok-Airyk Pass (3869 m. After descending you will cycle along a main road (7 km) to Cholpon-Ata. The day's travel is around 55 km. Accommodation is in a hotel or private guesthouse.
- Day 5** A lazy, restful day. Till lunch you can sunbathe on a lakeshore beach. After lunch transfer by car to Kochkor village (1,900 m above sea level), a journey of approximately 140 km. In Kochkor you will visit a felt carpet shop. Family-run accommodation.
- Day 6** Cycle from Kochkor village to Sary-Bulak village on a main road (around 35 km), then on an unmade road along the Kara-Kujur Riverbank (20 km). Camp overnight in tents near a bridge (2600 m).
- Day 7** Cycle up Jalpak-Bel Pass (3300 m), then descend to the confluence of rivers. A total distance of around 65 km on a good unmade road. Camp overnight in tents (2700 m).
- Day 8** On this day, the road goes along the Kichi-Naryn Valley a tributary of the Naryn. Overnight in tents in the beautiful Sary-Kungei Gorge (2500 m).
- Day 9** You will climb around 400 m and then descend towards the Naryn River (2100 m). On the main road, a car will pick you up and drive you to Naryn where you will stay overnight in family run accommodation.
- Day 10** Go by car to the top of Kyzyl-Bel Pass (2600 m), or, if you prefer, descend about 15km from the pass and meet up with the car, to continue by car to Tash Rabat (90 km) - ancient Caravanserai (XI century). Overnight stay in the yurta of a local family (2800 m).
- Day 11** Cycle over 2 passes: Kulak-Ashuu (3400 m) and Beurailu (3300 m). The lowest point between passes is 2,800 m above sea level. After descending from the Beurailu Pass, you will be taken in a truck to the campsite (80 km). The total cycling distance is about 60 km in the day. Camp overnight in tents (2100 m).
- Day 12** Half-day cycle ride to Son-Kul Lake (distance around 35 km), crossing the Moldo-Ashuu Pas (3200 m) and camp on the shore of Son-Kul Lake, the second largest lake in Kyrgyzstan (3013 m). Camp overnight in tents (3020 m).
- Day 13** In the morning cycle across the Kara-Keche Pass (3384) and after cycle through fields to Chaek. This last descent drops about 600m along its 15km length. Stay in family run accommodation in Chaek.
- Day 14** Transfer by car to Bishkek (around 250 km) over the Too-Ashuu Pass (3586 m). Overnight in a hotel.
- Day 15** Fly home.

Adventure tours in Kyrgyzstan

#### How to contact us:

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## Map of tour



**Level of difficulty:** This tour is recommended for people with an experience of mountain biking. A good level of fitness is required. Cycling time is approximately 5-7 hours per day.

**Conditions:** If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments. Spare parts for your bike might be useful.

**Tour combination:** This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad.

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