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Lakes of Tien-Shan

Trekking tour

During the tour, we work with local communities and the resources available to them. Many of our local service providers are working towards a more sustainable future of local tourism through efforts to reduce/recycle plastic waste, compost in yurts and homes, and use locally produced materials. You have the opportunity to contribute to a more sustainable future by bringing a reusable water bottle with you, reducing waste when possible, and properly disposing of items when they run out.

Dates of the tour

18.06.2024 – 25.06.2024

23.08.2024 – 30.08.2024

Route: Bishkek  Kochkor  Kol-Ukok Lake  Mazar-Ukok  Tura-Suu  Tamga  Karakol  Chon-Kemin  Bishkek

Highlights of the tour

- Experience with nomads
- Amazing nature and beautiful mountain views
- Unforgettable nights in the yurts and tents
- Enjoy the quiet charms and warm hospitality of Kyrgyzstan
- Breathtaking mountain lakes of Kyrgyzstan
- Kyrgyz folk songs by traditional Kyrgyz instruments
- Trekking along ancient's nomad trails
- Soak up the hustle and bustle of oriental bazaars



Itinerary

Day 1 Bishkek – Kochkor (240 km about 3-4 hours of driving).

Meet at the hotel transfer to Kochkor village. On the way visit Burana Tower the remaining's of Karakhaned empire dated to 11centure. Visiting woman group who is producing traditional nomad's carpets from the felt which call "Shiyrdak" and "Ala Kiiz". Dinner and overnight in the Nomad Lodge hotel. (Meal - /L/D)

Day 2 Kochkor – Trek (Trekking time during the day about 5-6 hours, distance is about 16 km)

Breakfast. Transfer to Issakeev village to the Kol Ukok gorge (about 30 km-1 hour). Meet the horses and local trekking staff. Start the trekking to Ukok lake about 4-5 hours. The trail goes along the Ukok valley over the small pass Kichi Ukok 3130 m. Tent camp at the shore of Ukok lake. (Altitude difference during the trek is +1164 m first half and -50m second half); (Meal B/L/D)

Day 3 Trek (Trekking time during the day about 3-4 hours, distance is about 11 km)

Breakfast. Trekking to Tuura-beshik About 2 hours. Cross the small river. Lunch. Trekking over the Ukok Pass (3519 m). From the pass the panorama of the mountains will amaze you. The pass is rocky. Trekking down to Mazar Ukok valley about 2-3 hours. On the way you will cross the small river. Overnight in the Mazar Ukok valley in tents by the river. (Altitude difference during the trek is +459 m first half, descent from the pass to 3149m -370m and +423m second half); (Meal B/L/D)

Day 4 Trek (Trekking time during the day about 4-5 hours, distance is about 17 km)

Breakfast. Trekking up to the Sary-Bel pass 3867 m above sea level about 1-2 hours. On the way it is possible to see the marmots, Golden eagle and at the pass possible to see the trails of the Ibex. The pass is rocky in Some places you could still see the glacier. Picnic for lunch. Descent to the Taldy gorge about 2-3 hours. On the way you will cross the river about 2 times. Overnight in the tents by Taldy river. (Altitude difference during the trek is +480 m first half and -960m second half); (Meal B/L/D)

Day 5 Trek (Trekking time 2-3 hours, distance is about 9 km) – Tamga yurt camp (140km, about 3 hours of driving)

Breakfast. Trekking down along the river Taldy to the valley of Tura Suu about 16 km. On the way you could meet the local shepherd and see the Yaks. Meet with the car at the junction of Taldy and Tura-Suu valleys and transfer to the yurt camp in Tamga village. Overnight in the Yurt camp Nomad Lodge. (Meal B/L/D)

Day 6 Tamga yurt camp –Jety Oguz (100 km, about 2 hours of driving) –Karakol (40 km driving)

Breakfast. Morning drive to Svetlaya Polyana. Easy hike for about 3 hours to Jety Oguz valley. On the way visit the waterfall. Lunch boxes for lunch. On the way stop to the rock formation Seven Bulls and Broken heart. Dinner with Uighur family (small Muslim nationality migrated from north of China). Accommodation Hotel. (Meal B/LB/D)

Day 7 Karakol – Chon Kemin valley (340km bout 4-5 hours driving)

Breakfast. City tour in Karakol with visiting central bazaar, Prejevalskiy (famous Russian traveler) museum, Russian Orthodox Church, Muslim mosque in Dungan style. Transfer to Chon-Kemin along the Northern shore of Issyk-Kul lake (340 km). Excursion on the way to an Open-Air museum of stone inscription. On the way lunch. Upon arrival in Chon-Kemin. Accommodation and dinner in the guesthouse of local family. (Meal B/LB/D)

Day 8 Chon Kemin valley – Bishkek (180 km , about 2 hours of the driving)

Breakfast. Transfer to Bishkek about 180 km, 2 hours of the driving. Lunch. City tour of Bishkek with visiting Central Ala-Too square, Oak Park, a walk along the Alley of the Youth next to Philharmonic Hall, a visit to Victory Square and Panfilov park. Bring to the place of your stay and end of the service of NoviNomad. (Meal B/L/D)

**To get detailed day-by-day itinerary, please contact us by mail: novinomad@elcat.kg*

The price of the tour: is 1835 USD per person (minimum size of the group is 2 pax, maximum is 10 pax)

Services included:

- Transport for all excursions and transfers according the program
- English speaking escorting guide
- Double/Twin room accommodation in the family guesthouses
- Four people accommodation yurt camp
- Meal as indicated each day
- Mineral water during the tour (one liter a day per person);
- Trekking personal (cook, horseman's) during treks
- Trekking equipment (tents, kitchen etc)
- Horses for carrying trekking equipment and luggage
- Entrance fees

Services not included:

- Accommodation in Bishkek
- Single tent supplement
- Visa cost;
- Personal travel insurance;
- International flight tickets.
- Alcohol and soft drinks
- Folklore show in Bishkek

Supplements:

- Supplement for airport pick – up / drop off – is 40 USD (car for 1-3 pax);
- Supplement for dinner in Bishkek on day 8 – is 18 USD per person;
- Single tent supplement - 12 USD per person per tour
- Folklore show in Bishkek during the dinner is 100 USD for the group

Accommodation during the tour:

Place	Hotel / Guesthouse / Yurt Camp	Conditions:
Kochkor	Nomad lodge guesthouse or similar	Twin room accommodation, private facilities in each room
Trekking days	Tents	Double tents for accommodation, Kitchen, Dining and Toilet tents
Tamga	Yurt camp	4 people accommodations in a yurt. Shared outside European style toilet and shower cabins
Karakol	Amir hotel or similar	Twin room accommodation, private facilities in each room
Chon Kemin	Kemin guesthouse or similar	Twin room accommodation, private facilities in each room

*For additional payment, we can book accommodation in Bishkek or make upgrade where it is possible.

Additional information:

Level of difficulty: This tour is recommended for people with average fitness condition (trekking time approximately 4-6 hours per day).

Recommended to bring for the tour next equipment:

Down jacket, warm sweater, silk sleeping bag liner, rain gear (waterproof trousers should have an opening on the outside at the bottom of the leg in order to put on and take off without removing your trekking boots), 2-3 pairs of warm socks, waterproof trekking boots, gloves, sunglasses, sun cream with high UV-protection, lip balm with UV-protection.

Health: If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

General map of the tour

