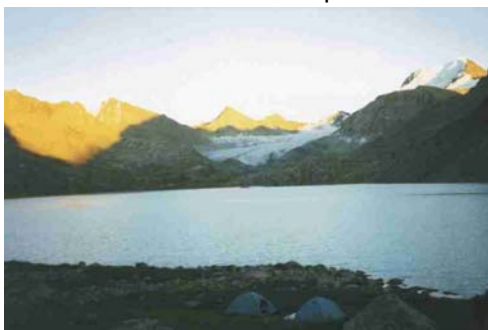


Magic Lake of the Tien-Shan Mountains

Trekking

Duration: 9 Days

Season: End of June - September



The unique climate of Issyk-Kul and its surroundings, which combines the peculiarities of both mountainous and maritime, is conditioned by the presence of a giant, natural accumulator – Lake Issyk-Kul. Where else in the northern latitudes of the world can you get such a combination: hot sun, the scent of coniferous forests and the refreshing coolness of a sea breeze. Journey along the Terskey where the air itself is salubrious – it is an excellent opportunity to rejuvenate yourself and collect some unforgettable impressions.

Itinerary

- Day 1** Arrival in Bishkek. Transfer to a hotel. City tour in the afternoon. Accommodation in the hotel.
- Day 2** Depart for Jety-Oguz – 400 km. Shepherds tell a lot of legends about the beautiful, famous, red rocks known as “Seven Bulls” and “Broken Heart”. You will taste a traditional Kyrgyz food “Besh Parmak” during the dinner. Overnight stay in the yurta camp, in “Flower valley”.
- Day 3** Hiking along the Jety-Oguz River (16 km) will bring you to the Pass Tiley. Spend the night in tents.
- Day 4** A three-hour walk passing Tiley (3780 m), will bring you to the Karakol Gorge. You will walk after the pass 10 km along an ancient nomads’ path will lead you to tent camp near a nomads’ stopping place. Here you can see cows being milked and acquaint yourself with the natural way of life of the shepherd-nomads. Spend the night in tents.
- Day 5** A shorter hike, of about 8 km from Karakol Gorge to the “Orphan” Mountaineer Shelter (3200 m). Stop in the “Orphan” Shelter for a rest and lunch. Free time in the afternoon. You can hike around Shelter for you self. Stay for the night in tents.
- Day 6** Hiking to Mountain Lake, called Ala-Kul (3600 m). It is more than 70 meters deep and of incomparable beauty. From the lake you can see a beautiful glacier – it is the source of the lake. Hike through the Ala-Kul pass (3860 m) to the Keldyke Gorge. From the Pass you will have an excellent view of the five thousand mountain peaks of Terskey Ala-Too – including Karakol peak, Djigit peak and Tashtanbek peak. The tent camp will be waiting for you in this wonderful place which is surrounded by magnificent rocks, and from where a lot of streams begin from the glaciers.
- Day 7** Four-hour walk to the Altyn-Arashan resort, which is situated 2450 m above sea level. At the Altyn-Arashan resort is possible to take a thermal water bath. You will never be able to forget the sight of the snow on Peak Palatka (Tent) 5260 m or “Swallow’s Nest Pool”, nestling beneath the open sky. Transfer to Karakol two hours in the afternoon. Dinner in a Uigur family (Uigur – it small Muslim nationality, who migrated long time ago from China). Accommodation in a private guest house.
- Day 8** Depart for Bishkek (400 km). Visit on the way Burana Tower (11th century) the remains of Karakhanid’s empire in Central Asia and the “Petroglyphs” Open Air Museum. Optionally folklore program during the dinner. Accommodation in the hotel.
- Day 9** Transfer to the airport. Fly home.

Level of difficulty: This tour is recommended for people with hiking experience. You should have knowledge of trekking by stones in some places. Hiking time is approximately 5-7 hours per day.

Conditions: If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

Tour combination: This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad.

Map of tour



Adventure tours in Kyrgyzstan

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