

Through the High passes to the Central Tien-Shan

Duration: 15 Days

Combined tour: (trekking and cultural)

Season: middle of July – middle of September



Kyrgyzstan is the country of high Mountains and unique nature. The fantastic beauty of mountain views stretching to the far horizon, the turquoise surfaces of high-mountain lakes and the juicy greens of the Alpine meadows framed by rocks.

The ancient and present Nomads moved from the gorge to the gorge over the high untouched mountain passes to the alpine pastures to spend the summer in the quiet, among the mountains with pure, clean, air, sated by oxygen and the aroma of mountain flowers. Now you have chance to explore the mountains and green gorges. To walk the same road as ancient shepherds and to feel as you are the first explorer. .

Itinerary

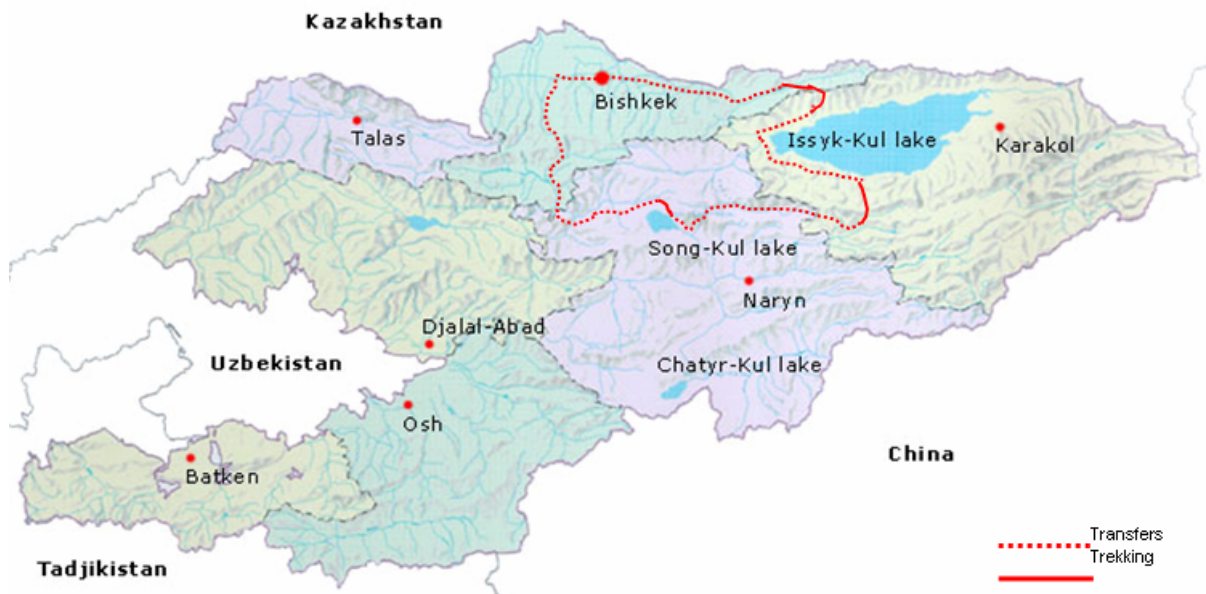
- Day 1** Arrival in Bishkek early in the morning. Visiting bazaar, city tour around Bishkek. Accommodation in the hotel .
- Day 2** Transfer to the valley Chon-Kemin (160 km) to the start point of the trek to the gorge Tory-Aigyr. Trekking up to the gorge Tory-Aigyr about 4-5 hours. Here you can see a unique spectacle – meadows, full of edelweiss. Stay overnight in tents .
- Day 3** The walk takes you to the pass Tory-Aigyr (3150 m). Trekking towards the mountain Lake Kol-Kogur (Kol-Tor). (5-6 hours). The lake is a magnificent spectacle in the bright sunshine. It looks like a sapphire set amongst a vast array of silver, snow-covered mountains. Stay overnight in tents (2550 m above sea level) .
- Day 4** Trekking over the pass Kol-Kogur (3100 m). The path passes through alpine meadows where, in summer, local people live with their families. Stay overnight in tents (2400 m above sea level) .
- Day 5** Trekking down to the mouth of Kol-Tor valley. Picnic for lunch. Meeting with car. Transfer from the Northern shore to the south shore of Issy-Kul (3 hours) to the yurta camp not so far from the village Bokonbaeva (9-10 km) in 10minutes walk to the beach. Stay overnight in tents or in yurtas .
- Day 6** Full day in Issyk-Kul. Picnic for lunch. Swimming on the beach. Preparation for next trek. Stay overnight in tents or in yurts.
- Day 7** Transfer to the village Bokombaevo to the start point of the trek. Trekking along the valley Tuyk-Tor to the foot step of the Ton Pass. Stay overnight in tents .
- Day 8** Trekking up to the Ton pass (4025m).Lunch. Trekking down to valley Jily-Suu. Stay overnight in tents .
- Day 9** Radial Trekking up to the mountain lake Teshik-Kol (3500m) source of Jily-Suu river. Lunch. Back to the camp. Stay overnight in tents .
- Day 10** Transfer to Son-Kul lake (240 km). It is the highest lake in Kyrgyzstan, which located at the altitude of 3030 m above sea level. Accommodation and dinner in the NoviNomad yurta camp .
- Day 11** Full day in Son-Kul. Overnight stay in the NoviNomad yurta camp.
- Day 12** Hiking to the village Kyzart (5 hours). From the top of Kyzart Pass will open a nice view to Jumgal and Susamyr valleys. Picnic for lunch. Transfer to Chaek village (40 km). Dinner. Family run accommodation.
- Day 13** Transfer to the Kyzyl-oi village(50 km) to the Jaloo near by village. Short walking around jailoo. Stay overnight in tents.
- Day 14** Transfer to Bishkek (270 km). The road goes along the beautiful Suusamyr valley. Picnic for lunch. You will cross the pass Tuya-Shuu (3580 m). Farewell dinner. Overnight stay in the hotel .
- Day 15** Transfer to the airport. Fly home.

Adventure tours in Kyrgyzstan

How to contact us:

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Map of tour



Level of difficulty:

This tour is recommended for people with hiking experience (hiking time approximately 5-6 hours per day).

Conditions:

It is necessary to bring a sleeping bag (-10), warm clothes and trekking boots.