

## Unknown South

### Trekking

**Duration:** 9 days

**Season:** July-September



*The south region is very interesting and have a lot of opportunities to attract the tourists to the mountains. There is an authentic village where people stay for overnight in real Kyrgyz family. The trekking route will go via 2 high passes for about 3300-3400m and pass via the Nature preserve "Alatay". There are 2 mountain lakes in the area called "Kara Suu" and "Kapka Tash". The level of the main trek from Nichkesai village until Arslanbob village is medium. The landscape is different every day; mountain lakes, white rocks changing to the red mountains.*

### Itinerary

- Day 1** Arrival in Bishkek early in the morning. Rest in a hotel. Excursion through Bishkek. Dinner in the restaurant. Accommodation in the hotel  
(Altitudes during the day: 800 m in Bishkek,)
- Day 2** Depart to Toktogul water reservoir to the Kyrgyz village Nichkesai, the driving takes about 5 hours. Crossing on the way Too Ashu and Ala Bel pass, beautiful Suusamyr and Chichkan valleys. Dinner and overnight in the Kyrgyz family house.  
(Altitudes during the day: start point – 800 m in Bishkek, end of the day 1455m in the village)
- Day 3** Transfer to starting point of the trek to Jetigen village. Trek up along the valley. Cross the pass 3306m. The way to the pass is slowly going up along the river. Overnight in tents on shore of the mountain lake Kapka Tash  
(Altitudes during the day: start point – 1926m at Jetigen, highest point is 3306m, end of the day 2311m in the tent camp)
- Day 4** Start the trekking day with walking over the Belmonchok pass. From the top of the pass, there is the nice view to the valleys on the both sides of the mountain. Descend to the valley made of red cliffs and red sand. Overnight by the river in the tents.  
(Altitudes during the day: start point – 2311m, highest point is 3186m, end of the day 2162m in the tent camp)
- Day 5** Trekking up along the old orchards to the beginning of the valley. Trekking way will several times go up the hill and small passes and will go down again. That is why the valley is called Otuz Art (meaning Thirty passes). Meet the local shepherds and beekeepers. Overnight in the tent camp.  
(Altitudes during the day: start point – 2162m at Tent camp, end of the day 1501m in the tent camp)
- Day 6** Trekking down the valley. From there, the way goes over the pass to Kyzyl Unkur village. Cross the village and trek up again to the walnut forest. Overnight in the forest in tents  
(Altitudes during the day: start point – 1501m at Tent camp, end of the day 1679m in the tent camp in the forest)
- Day 7** Trek for about 3 hours down to end of the trek in Gumkhana village. Route goes through the biggest walnut forest in the world. Meet the car and drive to the family guesthouse. Overnight and dinner in guesthouse.  
(Altitudes during the day: start point – 1679m at Tent camp, end of the day 1329m in Gumkhana)
- Day 8** Visit of Arslanbob village and transfer to Osh 240 km about 3-4 hours. City tour in Osh – the second largest city in Kyrgyzstan, located in the Fergana Valley and often referred as the "capital of the south". This is a lively place, with the largest and most crowded outdoor market and the sacred Suleiman Mountain located in the center. It was once a major place of Muslim and pre-Muslim pilgrimage. Farewell dinner. Overnights stay at Hotel in Osh  
(Altitudes during the day: start point – 1329m at Gumkhana, end of the day 500m in Osh)

#### Adventure tours in Kyrgyzstan

#### How to contact us:

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**Day 9** Transfer to Airport to flight home. End of services.  
*Optionally we can organize transfer to Kyrgyz-Uzbek Border or flight to Bishkek with further return trip from Bishkek.*

## Map of the tour



Level of difficulty:

This tour is recommended for people with an average level of fitness and experience in hiking, because sometimes they must walk for 5-6 hours per day.

Conditions:

It is necessary to bring a sleeping bag, warm clothes and trekking boots. If you have some specific sicknesses you need to bring own first aid kit with necessary medicaments.

Tour combination:

This tour can be combined with the other tours in Kyrgyzstan offered by NoviNomad

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